

Morfit® Original

Adjustable Back Support



————— USER MANUAL —————



IMPORTANT INFORMATION

The use of any lumbar support device involves a potential risk to the user if the device is not used properly. We therefore strongly advise you to take the following steps when using Morfit back support.

Ensure that you have read and understood the advice and instructions in this user manual before using Morfit.

If, having read this manual, you have any further queries concerning the correct use of Morfit you should view our website or contact our team for advice before using Morfit.

If you have any doubt regarding your individual needs relating to Morfit, or any pre-existing condition from which you are suffering, you should contact our team for advice or consult your own doctor or a suitably qualified medical practitioner prior to using or continuing to use Morfit.

HEALTH AND SAFETY

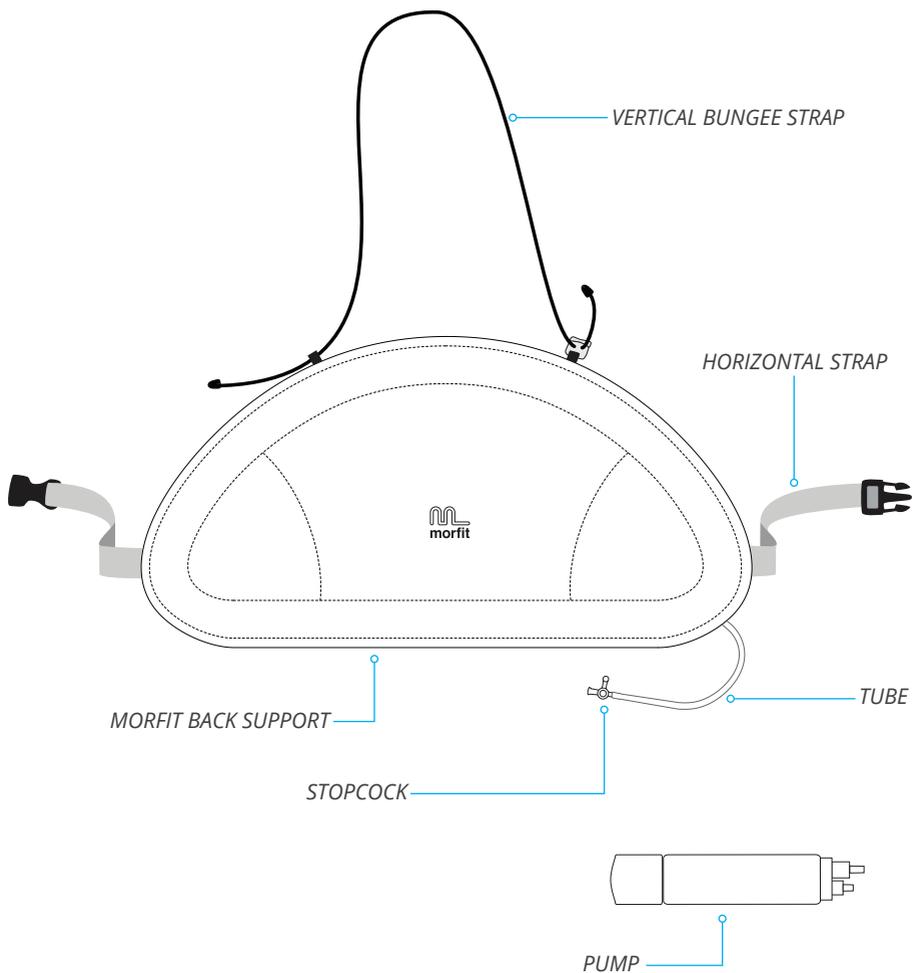
- Never set up Morfit when driving.
- If using Morfit, or following any of the advice in this user manual makes your pain worse, stop immediately and contact us or consult your healthcare practitioner.
- Ensure that the horizontal strap does not cover the airbag ports on the seat. If you are not 100% positive that the strap does not cover the airbag ports, do not use the horizontal strap.

Why Morfit?

Back pain is different for everyone, so treatment should be different too. Morfit is effective because it is easy to set up and it takes the shape of YOUR back, not someone else's.

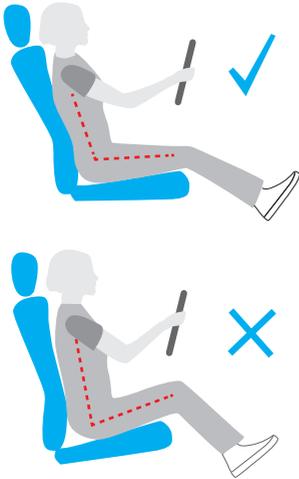
For an enjoyable drive every time, Morfit remembers your unique posture and can be reshaped as many times as you like.

YOUR MORFIT®



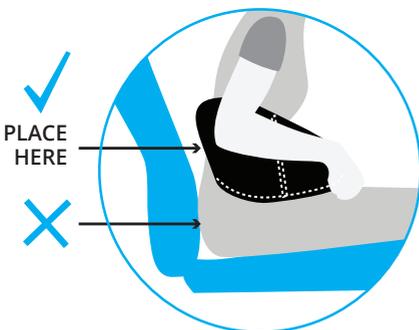
SET UP AND USER INSTRUCTIONS

1. Check your seat position



- Recline your seat-back a notch or two from vertical. This lets the seat take some of your weight, rather than placing it all through your spine.
- Adjust the seat forwards or backwards so that there is a slight bend in your knee when the pedals are fully depressed.
- **Important:** if you have an existing in-built lumbar support, deactivate it, making the lumbar support as small as possible.

2. Place Morfit in the small of your back



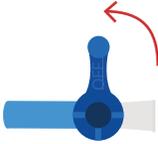
Note: Don't attach Morfit to the seat yet – you will do this after the initial set-up.

Place Morfit in the **small of your back**.

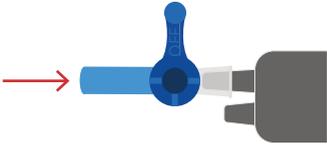
Sit with your pelvis as far back as possible.

The lower edge of Morfit should be around your belt line.

3. Morfit set up

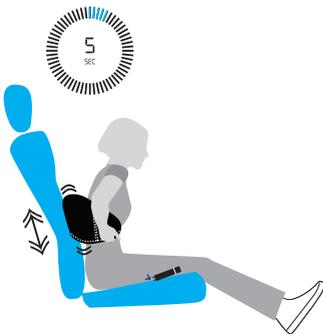


Open the stopcock: turn the blue handle so that it is at a right-angle to the tube.



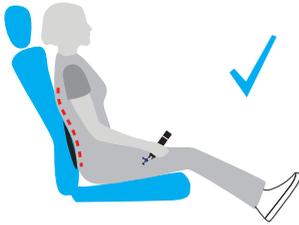
Connect the stopcock to the **long** pump nozzle.

Pump 15-20 times.

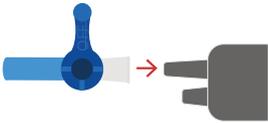
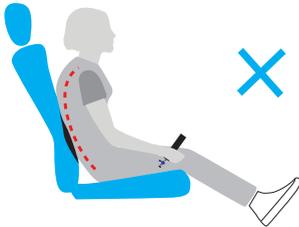


Leaving the pump attached, lean slightly forwards, away from Morfit.

Using both hands, shake Morfit up and down for 5 seconds to distribute the filling.



Lean back and sit in good posture.



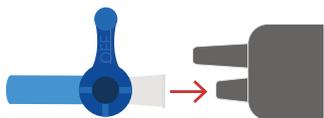
Detach the stopcock from the pump, some air will escape – that's OK.

Tip: pull the stopcock with a gentle quarter-turn twisting action.



Maintaining good posture, lean back and wriggle firmly into Morfit to mould it to your shape, removing any lumps and bumps.

If you can feel any lumps, go back to the start of step 3.



Attach the stopcock to the **short** pump nozzle.

Pump 10-15 times.

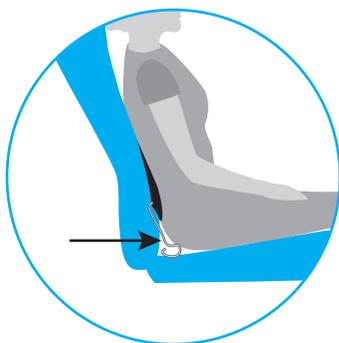


Close the stopcock by turning the handle to line up with the tube.



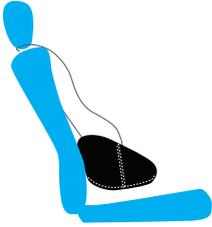
Detach the stopcock from the pump and store until you want to reset Morfit.

Tip: pull the stopcock with a gentle quarter-turn twisting action.

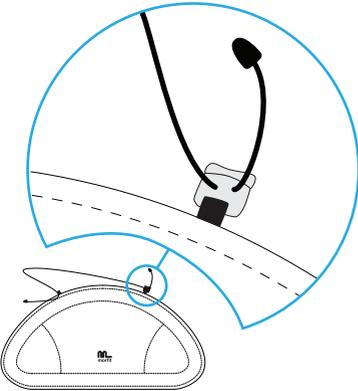


Store the tube behind you at the base of your seat.

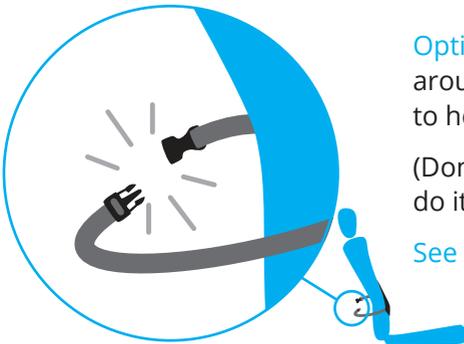
4. Attach Morfit to your seat



Loop the vertical bungee strap around the head rest.



Adjust the vertical bungee, so that Morfit hangs at the correct height for you.



Optional: Attach horizontal straps* around the back of the seat to help keep Morfit in position.

(Don't attempt this when seated – do it from behind.)

See **SAFETY WARNING***.

5. Safety warning



The horizontal straps are optional and do not improve the effectiveness of Morfit. They prevent sideways movement of Morfit when getting in and out of the vehicle.

DO NOT use Morfit's horizontal straps if they cover any airbag ports on the side of your seat.

To locate your airbag ports, look for an SRS label.

6. Beware the most common mistake!



Morfit is NOT an inflatable!

The most common mistake is to use Morfit as an inflatable cushion.

This may feel comfortable initially but it is not supportive and won't reduce back pain.

To avoid this mistake, carefully follow the instructions around the use of the pump and stopcock.

GETTING THE MOST OUT OF MORFIT

Find the best fit

For your first 10 trips, it's a good idea to practice resetting Morfit every time you go on a drive. This will help you find the right fit.

Check the position on every trip

We highly recommend that you take a second to place Morfit into its exact sweet spot, as it can move a bit when you get in and out of the vehicle.

When to reset Morfit

You will need to reset Morfit every few weeks. If you can feel it softening, it needs resetting. Morfit can be reset more often if you prefer.

Transferring Morfit between vehicles

Morfit shapes and holds to fit you and your seat. Every seat is a different shape so you will need to reset Morfit when you move it to another vehicle.

Using Morfit in chairs

While Morfit is designed to give you support in vehicles, it can be used in any type of seat or chair. Remember to reset Morfit when you move it from one seat to another.

If Morfit feels too thick

If you have an in-built lumbar support, make sure that this is set as small as possible. Repeat '**Step 3 Morfit set up**', and make sure you wriggle in and push more firmly with your back where you want Morfit to be thinner.

If Morfit feels lumpy or uneven

Pump some air into Morfit using the long nozzle, then use your hands to push the beads around, smoothing out any lumps. Reset Morfit as per the instructions. To help avoid lumps, when leaning back and wriggling in, keep firm shoulder pressure on the seat above Morfit.

Washing the cover

Remove inner bag unit by reaching through one of the pockets on the back. Hand wash only. Do not tumble dry. Wait until it's 100% dry before reassembling. When reassembling ensure the bead side of the inner bag unit is facing forward and is against the front fabric.

Changing the tube exit side

If you prefer the tube to come out from the other side of your Morfit simply find the two pockets on the rear of the cover. Push your hand through the pocket that you want the tube to exit from, find the tube and gently pull it through to the side that you prefer.

LEGAL INFORMATION

Medical device registration

CE Class I Medical Device

NZ Medical Devices Safety Authority

Patent, Design Registration and Trademarks

UK Patent No. 2500146

NZ Pat. No. 590245

Aus Pat. No. 2011101735

EC Des. Reg. 001296586-0001 & 001296586-0002

Morfit® Registered Trademark – NZ, AUS, EU, UK, USA

Warranty of condition

Morfit back support is covered by a one year warranty against defective parts and workmanship.

This warranty is subject to our Terms and Conditions, which can be viewed on our website.

WARNING: This warranty covers defects in materials and workmanship only. It does not cover faults caused by improper use, incorrect assembly, accidents or normal wear and tear.

Relief or return

If, in your opinion, Morfit back support does not reduce your driving-related back pain we will reimburse the purchase price provided you contact us within 30 days of receipt.

Returns are subject to our Terms and Conditions, which can be viewed on our website, see Refund Policy.

Customer support

We are very happy to answer your questions about using Morfit and to work with you to resolve any problems that arise.

Please contact us with any questions or feedback about using Morfit. Visit our website for contact details or email us at support@morfit.co.nz

www.morfit.co.nz

www.morfit.com.au

www.morfit.co.uk

www.morfitusa.com

